| **Journal of Resilient and Sustainability for Health (JRSH)** |
| --- |

Quantitative Research Article

**Title** (between 12 to 15 words, 14-point)

Author Name (Author1\*, Author2, … and Author5)

| **Abstract** |  | **Author Affiliation** |
| --- | --- | --- |
| The maximum length of abstract should be 250 words. These five topics should be stated (usually 1–2 sentences per topic)  **Background/ problem:**  **Objective/ purpose:**  **Design and Methodology:**  **Results:**  **Conclusion and Implications:** |  | Academic position and affiliation for all authors + ORCID page17image39340656 <https://orcid.org/0000-0000-0000-0000>  1 Affiliation 1  2 Affiliation 2  ……  n Affiliation n (not over 5 authors)  \*Corresponding author e-mail:  (Provide institutional email, for example, [bsri@g.swu.ac.th](mailto:bsri@g.swu.ac.th)) |
|  | **Article Information**  **[**Not to be added by the authors] |
|  | *Received:*  *Revised:*  *Accepted:* |
|  | **Keywords** |
|  | List 4 to 5 keywords [try to choose words different from the title, valid academic word, and list in alphabetical order] |



[Main contents of the manuscript should begin with the ***Introduction*** - but do not write this as a separate heading.]

Text begins as a new paragraph.

The introduction section should mention the research background, the context, and the research problem clearly, with supporting academic citations. Authors should identify the research gaps, and original contributions of the research to Resilient and Sustainability for Health.

This section should be brief (not over 3 paragraphs), and it should end with a description of the main purpose/s of the research manuscript.

**Literature Review (Heading Level 1)**

[The literature review section should consist of the theoretical background, definitions of the main variables, and related research linking the study variables. Authors should clearly mention the research objectives / hypotheses and show the conceptual framework (*if you have*).]

**Theoretical Background (Heading Level 2) Flush Left, Bold, Title Case Heading**

Text begins as a new paragraph.

***(Heading Level 3)*** ***Flush Left, Bold Italic, Title Case Heading***

Text begins as a new paragraph.

**(Heading level 4) Indented, Bold, Title Case Heading, Ending with a Period.** Text begins on the same line and continues as a regular paragraph.

***(Heading level 5) Indented, Bold Italic, Title Case Heading, Ending with a Period.*** Text begins on the same line and continues as a regular paragraph.

**Research Variables**

Text begins as a new paragraph.

**Research Hypotheses**

Text begins as a new paragraph.

Authors need to state the research objectives/ hypotheses clearly at the end of literature review.

**Hypothesis 1.**

**Hypothesis 2.**

**Conceptual Framework**

Text begins as a new paragraph.

Figure 1 shows the conceptual framework of the study. [Mention all tables and figures in text]

**Figure 1**

*Proposed Conceptual Framework*



*Note.* (Font size 11-point, should be given to explain any abbreviations used in the figure)

**Methods (Heading Level 1)**

[Method section should include information about research design, participants/sample, sampling techniques, instruments, procedures, and ethical practices followed, included ethical approval certificate number and date.]

**Research Design**

Text begins as a new paragraph.

**Research Setting**

Text begins as a new paragraph.

**Participants/ Sample**

Text begins as a new paragraph.

**Sampling and Sample Procedures**

Text begins as a new paragraph. Mention the inclusion and exclusion criteria

**Instruments**

Text begins as a new paragraph.

**Procedure**

Text begins as a new paragraph.

**Ethical Considerations**

Text begins as a new paragraph.

**Results (Heading Level 1)**

[The Results section should begin with a short description of the contents, followed by reporting the demographic information and systematic report of the main analysis/results to match the sequence of research hypotheses/ questions. Add tables and figures to support- a maximum of 5 tables and 2 figures can be used]

**Sample Characteristics**

Text begins as a new paragraph.

**Descriptive Results**

Text begins as a new paragraph

Table 1 shows the correlation between study variables. [Mention all tables and figures in text]

**Table 1**

*Correlation among the Study Variables*

| Variable | 1 | 2 | 3 | 4 | 5 | 6 |
| --- | --- | --- | --- | --- | --- | --- |
| Self-efficacy | 1.00 |  |  |  |  |  |
| Self-esteem | .56\* | 1.00 |  |  |  |  |
| Supervisor support | .27\* | .22\* | 1.00 |  |  |  |
| Organizational support | .21\* | .21\* | .28\* | 1.00 |  |  |
| Group values | .36\* | .43\* | .26\* | .41\* | 1.00 |  |
| Employee engagement | .30\* | .30\* | .39\* | .33\*\* | .51\*\* | 1.00 |

*Note.* \* *p* < .05. \*\* *p* < .01. \*\*\* *p* < .001.

**Hypothesis Testing Results** [If the author(s) uses a program for analyzing the data, must not use output or diagram from the software]

Text begins as a new paragraph.

**Discussion and Conclusion (Heading Level 1)**

[This section should include the discussion of the main results, with supporting references of research; limitations of the research; behavioral science implications of the results; and end with the conclusion.]

**Discussion of Main Results**

Text begins as a new paragraph.

**Limitations**

Text begins as a new paragraph.

**Implications for Behavioral Science** [mention the contributions to theory/ knowledge, future research recommendations, and applications, such as for policy]

Text begins as a new paragraph.

**Conclusion**

Text begins as a new paragraph.

**Authors’ Contributions:** For articles with several authors should be used “conceptualization, X.X. and Y.Y.; methodology, X.X.; software, X.X.; validation, X.X., Y.Y. and Z.Z.; formal analysis, X.X.; investigation, X.X.; writing—original draft preparation, X.X.; writing—review and editing, X.X.; visualization, X.X.; supervision, X.X.; project administration, X.X.; funding acquisition, Y.Y. All authors have read and agreed to the published version of the manuscript.”

**Acknowledgements:** [Add only if needed]

**Declarations**

***Funding:*** Authors can mention the source of funding for their research

***Conflicts of Interest:*** Declare conflicts of interest or state “The authors declare no conflicts of interest.”

***Ethical Approval Statement****:* Authors need to add “The study was conducted in accordance with the Declaration of Helsinki, and approved by the Institutional Review Board (or Ethics Committee) of NAME OF INSTITUTE (protocol code XXX and date of approval)” for studies involving humans.

**References**

[ 1) Please follow only the APA style 7ed for reporting references and for the in-text citations. 2) The list should be between 30 to 40 references. 3) Do not use any software in this section or for the in-text citations.]

Reference style for research papers in journals.

Al-Seheel, A. Y., & Noor, N. M. (2016). Effects of an Islamic-based gratitude strategy on Muslim students’ level of happiness. *Mental Health, Religion & Culture*, *19*(7), 686–703. https://doi.org/10.1080/13674676.2016.1229287

​Ng, C. A., Lasala, A. C. F., De Vera, J. F. S., & Caringal-Go, J. F. (2024). Coping behaviors of Filipino students during the COVID-19 pandemic: A contextual application of the PERMA-H framework. *The Journal of Behavioral Science, 19*(1), 1–17. https://so06.tci-thaijo.org/index.php/IJBS/article/view/266642

Futamura, I. (2018). Is extraordinary prosocial behavior more valuable than ordinary prosocial behavior? *PLoS ONE 13*(4), e0196340. https://doi.org/10.1371/journal.pone.0196340

Reference style for online sources.

Department of Statistics, Malaysia. (2017). *Current Population Estimates, Malaysia, 2016* – *2017*.

https://www.dosm.gov.my/v1/index.php?r=column/pdfPrev&id=a1d1UTFZazd5ajJiRWFHNDduOXFFQT09

Reference style for books.

Apolsky, R. M. (2017). *Behave: The biology of humans at our best and worst*. Penguin Books.

Reference style for chapter in book

Zeleke, W. A., Hughes, T. L., & Drozda, N. (2020). Home–school collaboration to promote mind– body health. In C. Maykel & M. A. Bray (Eds.), *Promoting mind–body health in schools: Interventions for mental health professionals* (pp. 11–26). American Psychological Association. https://doi.org/10.1037/0000157-002

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Yee, L. S., & Walet, M. H. (2013, March 22–25). Materialism and gratitude in Asia. In S. McCarthy, J. Jaafar, A. Kamal & A. Zubair (Eds.), *Psychology at work in Asia: Proceeds of the 3rd and 4th Asian Psychological Association Conferences and the 4th International Conference on Organizational Psychology* (pp. 429–443). Cambridge Scholars Publishing.

Reference style for online magazine article.

Zou, X., & Cai, H. (2016). Charting China’s rising individualism in names, songs and attitudes. *Havard Business Review.* https://hbr.org/2016/03/charting-chinas-rising-individualism-in-namessongs-and-attitudes

Reference style for press release

American Psychological Association. (2020, March 2). *APA reaffirms psychologist role in combating climate change* [Press release]. https://www.apa.org/news/press/releases/2020/03/combating- climate-change

Reference style for conference session

Davidson, R. J. (2019, August 8–11). *Well-being is a skill* [Conference session]. APA 2019 Convention, Chicago, IL, United States. https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/  
APA2019\_ Program\_190708.pdf

Reference style for another language (not English).

Author Last name, First Initial(s). (Year Published). *Title*. Publisher/Journal issue. URL [in Thai]

Choochom, O. (2013). *The development of a self -immunity scale. Warasan Chittawitthaya Mahawitthayalai Kasem Bandit*, *3*(3), 10–20. https://doi.org/10.1037/0000157-002 [in Thai]

Pimthong, S. (2021). *Development of measuring instruments in behavioral science research*. Book Plus Publishing. https://doi.org/10.1037/0000157-002 [in Thai]